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Rage is an unprecedented and intimate tour de force of new reporting on the Trump presidency facing a global pandemic, economic disaster and racial unrest. Woodward, the #1 international bestselling author of Fear: Trump in the White House, has uncovered the precise moment the president was warned that the Covid-19 epidemic would be the biggest national security threat to his presidency. In dramatic detail,

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Woodward takes readers into the Oval Office as Trump's head pops up when he is told in January 2020 that the pandemic could reach the scale of the 1918 Spanish Flu that killed 675,000 Americans. In 17 on-the-record interviews with Woodward over seven volatile months—an utterly vivid window into Trump's mind—the president provides a self-portrait that is part denial and part combative interchange mixed with surprising moments of doubt as he glimpses the perils in the presidency and what he calls the “dynamite behind every door.” At key decision points, Rage shows how Trump's responses to the crises of 2020 were rooted in the instincts, habits and style he developed during his first three years as president. Revisiting the earliest days of the Trump presidency, Rage reveals how Secretary of Defense James

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Mattis, Secretary of State Rex Tillerson and Director of National Intelligence Dan Coats struggled to keep the country safe as the president dismantled any semblance of collegial national security decision making. Rage draws from hundreds of hours of interviews with firsthand witnesses as well as participants' notes, emails, diaries, calendars and confidential documents. Woodward obtained 25 never-seen personal letters exchanged between Trump and North Korean leader Kim Jong Un, who describes the bond between the two leaders as out of a "fantasy film." Trump insists to Woodward he will triumph over Covid-19 and the economic calamity. "Don't worry about it, Bob. Okay?" Trump told the author in July. "Don't worry about it. We'll get to do another book. You'll find I was right."

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Therapeutic Feedback with the MMPI-2 provides the clinician with empirically-based, practical information about how to convey the abundance of information in the MMPI-2 profile in a way that is collaborative, empathic, hopeful, and facilitates a therapeutic alliance. Readers will find this book to be as useful and applicable as the MMPI-2 itself, which is used in psychiatric hospitals; correctional settings; in evaluations for job selection, general medicine, forensic and child custody cases; and even in screenings for television, game, and reality shows. The authors expand upon this already robust test by demonstrating how therapeutic assessment and feedback can be improved upon by considering three contributions from positive psychology: that behavior can be

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viewed as potentially adaptive; traditional pathological and maladaptive behaviors can be reframed as understandable responses to stressors that therapeutic feedback is empathic, nonjudgmental, and mostly jargon free; humans respond to overwhelming stress in understandable ways that the therapist can give coherence and meaning to lastly, that therapeutic feedback stresses self-esteem and resilience building through self-awareness as a goal. Discussion centers around ten scales and 27 common code types. Each section addresses the complaints, thoughts, emotions, traits and behaviors associated with the profile; therapists' notes; lifestyle and family background; modifying scales; therapy and therapeutic pitfalls; feedback statements; and treatment and self-help suggestions. The larger page size reflects the

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size of the MMPI-2 interpretive reports and makes it easy for clinicians to copy pages of the book to share with their clients. Therapeutic Feedback with the MMPI-2 is the most detailed volume available on MMPI-2 feedback and is a valuable addition to the bookshelf of any clinician who uses this test.

Arctic explorer and anthropologist Vilhjalmur Stefansson promotes the health benefits of a diet high in fat and low in carbohydrates. Inspired by his observations of Eskimos and other indigenous cultures, and supported by evidence from a year-long experiment in which he only ate meat, Stefansson makes a strong case for an all-meat diet.

Now updated with new material, Notes from a Friend is a

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Adrianos - **Abilities to Military**
concise and easy-to-understand guide to the most powerful and life-changing tools and principles from Tony Robbins, bestselling author and an international leader in peak performance. Starting in 1991, a self-published version of this book has been handed out to thousands of people in need, as part of the Tony Robbins Foundation's Thanksgiving "Basket Brigade." The book helped so many individuals overcome the most challenging circumstances that people repeatedly asked to purchase it for themselves and for their friends. Now, for the first time, it is available to you in this special, updated edition containing new material. Buy this book and you change a life. Read this book and you'll change your own.

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This comprehensive review of scientific research supporting evidence of the relationship between cardiac disease and psychological condition offers practical suggestions for developing a clinical practice, and proposes directions for future research in the new field of "cardiac psychology". Every chapter is written by world-renowned researchers in the field. A theoretical and practical guide, it will interest physicians, clinical and health psychologists, and all professionals who seek to understand the mind-health link.

This volume identifies and develops how philosophy of mind and phenomenology interact in both conceptual and empirically-informed ways. The objective is to demonstrate that phenomenology, as the first-personal study of the

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contents and structures of our mentality, can provide us with insights into the understanding of the mind and can complement strictly analytical or empirically informed approaches to the study of the mind. Insofar as phenomenology, as the study or science of phenomena, allows the mind to appear, this collection shows how the mind can reappear through a constructive dialogue between different ways—phenomenological, analytical, and empirical—of understanding mentality.

Presents a motivational program for African Americans to train the mind so they can overcome societal roadblocks to achieve empowerment and the life of their dreams.

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Even more flexible, lively, and diverse with the full support of online technology, the seventh edition of CIAO! continues to emphasize practical, communicative use of Italian by teaching the four language skills and providing an enhanced introduction to Italian life and culture. The new edition is distinguished by the integration of video and music, allowing a new perspective on the cultural aspects of Italian life and culture, as well as a refreshing venue for practicing new grammar and vocabulary. A fully interactive and engaging eBook allows students to take advantage of a more portable, downloadable course in introductory Italian. The thematically based chapters are enhanced by 'Vedute d'Italia' sections, which focus on the vibrant life of modern-day Italy and the country's rich cultural heritage. CIAO! offers a proven

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approach known for its thorough grammar presentation and consistent grammar practice. Activities involve student collaboration and move the learners from more form-focused to more communicative exercises in each chapter. Students find that CIAO! provides an all-in-one grammar and vocabulary program that allows them to communicate in Italian with confidence and gives them a unique cultural perspective on an ever-changing Italy. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

CIAO! continues to set the standard for interactive, flexible introductory Italian instruction with its state-of-the-art online technology package. Not only is this course entirely portable

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to accommodate the demands of a busy life, it features exciting new capabilities that allow students to share links, photos, and videos and to comment on those posted by their fellow classmates. The eighth edition is distinguished by several new resources and updates that promote the acquisition of Italian language and culture in accordance with the National Standards for Foreign Language Education. Communicative goals are established at the start of each chapter to provide students with clearly defined objectives as they work through the content, while skill-building strategies and interactive activities help them achieve those goals. The all-new Regioni d'Italia section establishes a thematic thread that is maintained throughout the chapter and provides plenty of opportunities to make cross-cultural comparisons even

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within the regions of Italy itself. CIAO!'S fully-updated authentic readings, cultural snapshots, videos, and activities engage students in deeper exploration of the vibrant life of modern-day Italy and the country's rich cultural heritage. Each chapter ends with a thorough Ripasso to ensure student success. Now more than ever, CIAO! provides an all-in-one grammar and vocabulary program that allows students to communicate in Italian with confidence and gives them a unique cultural perspective on an ever-changing Italy. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

When I was about fifteen, my Biological Sciences teacher,

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Prof. N. Benacchio, lent me a book by Paul de Kruif "The Microbe Hunters" and I remained fascinated by infectious diseases. I was intrigued by the potency of virulent bacteria which are constantly trying to invade our bodies and often overcome what today we call innate and adoptive immunity. Indeed, shortly after that, I was struck by his tragic death due to peritonitis. Later, while studying medicine (although medical knowledge in the 1950s was almost primordial compared with today), I soon realised how the various biological systems were wonderfully organised but at the same time frail and how our life could end in a few minutes. Slowly it became obvious that our "wellness" was the result of a dynamic and very unstable equilibrium between health and disease. This unstable equilibrium could be broken forever if

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the body's response could not reverse the pathological state. I stuck a sort of poster on the wall of my room with these three words and connecting arrows: HEALTH ~ - ? DISEASE - ? DEATH As I don't believe in another world after death, it became obvious to me that we should make every possible effort not only to delay death, but to try always to shift the equilibrium to the left. In this book, I will try to show that this can be achieved, as a last resort, even with ozone therapy.

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