

Blueprint For Holistic Healing Your Practical Guide To Body Mind Spirit Health

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Blueprint for Holistic Healing: Your Practical Guide to ...

Blueprint For Holistic Healing - Your Practical Guide to Body-Mind-Spirit Health. Blueprint For Holistic Healing - Your Practical Guide to Body-Mind-Spirit Health. Write a review. Categories: All Products, Books; Availability: Description By C. Norman Shealy, MD, PHD According to Dr. C. Norman Shealy, the pioneering doctor who founded the ...

Blueprint For Holistic Healing - Your Practical Guide to ...

Cayce was the inspiration for his transformation from traditional medicine to holistic alternative therapies, which he has now pursued for more than 30 years. Now combining decades of clinical work and research with advice from the Edgar Cayce readings, Shealy has created a blueprint for healing that each of us can follow with questionnaires for self-assessment throughout.

Blueprint for Holistic Healing: Your Practical Guide to ...

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Your Blueprint for Healing — Our Divine Potential

Blueprint for Holistic Healing: Your Practical Guide to Body-Mind-Spirit Health: Shealy MD PH.D., MD PhD C Norman: 9780876048092: Books - Amazon.ca

Blueprint for Holistic Healing: Your Practical Guide to ...

Overview. Dr. Shealy was first introduced to the work of the “ father of holistic medicine, ” Edgar Cayce, in the early 1970s. Cayce was the inspiration for his transformation from traditional medicine to holistic alternative therapies, which he has pursued for more than 30 years. Now combining decades of clinical work and research with advice from the Edgar Cayce readings, Shealy has created a blueprint for healing that each of us can follow with questionnaires for self-assessment throughout.

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Suppose your natural biological design includes a hidden blueprint of your body's functioning and vitality. Suppose this blueprint could warn you before health problems or illness actually occur without expensive or invasive laboratory testing. Suppose this blueprint is universal and extends to every man, woman, and child. What if you discovered the key that translates this metabolic text, knowing that it is available to anyone who is trained to read it? The Kortum Technique is a Visual Assessment Process that decodes the metabolic bonds that relate to biology and well-being. It translates the body's own vocabulary of health data, which appears in a visible lexicon of symbols that are known as "indicators." Read for yourself about this cutting-edge technique that allows easy access to some of the body's deepest secrets.

Shealy 's approach to Energy Medicine incorporates alternative and holistic therapies, offering you a practical guide with ten major complementary and alternative medical (CAM) approaches to: • Nutrition and lifestyle • Mind-Body medicine • Traditional Chinese medicine • Yoga and Ayurvedic medical systems • Homeopathy • Bioenergetic medicine • Herbal medicine • Dietary supplements and vitamins • Chiropractic and osteopathic therapies • Massage

If it could be said that a personal relationship can be developed between a human being and an impersonal spirit guide, then author Dr. C. Norman Shealy accomplished this with G. They established a type of communication that was intense, at times personal, but also productive with G providing Shealy a view of what human beings could heal if their consciousness would only break free or break through of its illusions. In Conversations with G, Shealy not only offers an overview of his life and his successful medical career and healing advancements, but he shares conversations with his spirit guide, G, who has been a part of his life for more than thirty years. A story that inspires the spirit as much as expands the mind, Conversations with G narrates a personal journey of mystical encounters with angelic teachers and materialization and dematerialism which have led to numerous medical- and health-enhancing discoveries.

The cutting edge of medicine today is not to be found in invasive therapies like drugs and surgeries. It is in the disciplines that used to be regarded as "soft" medicine: prayer, intention, energy healing, acupressure, and similar therapies. Overwhelming evidence from hundreds of scientific studies are showing that these safe, non-invasive approaches are often more effective, sometimes many times more effective, than conventional medicine. Two of the pioneers in the field, Dr. Norman Shealy, founder of the American Holistic Medical Association and world-famous neurosurgeon, and Dr. Dawson Church, one of the foremost writers and researchers in vibrational healing, and the editor or author of many books on the subject, explain the fundamentals of energy medicine, its many applications to common ailments, and the latest scientific research.

Foreword by Caroline Myss, best-selling author and medical intuitive. Building on the significant history of the use of medical intuition by leaders in the field, Dr. Norman Shealy provides us with a path to using our innate intuition to develop optimal personal power and health. This book is your primer to medical intuition. From beginning to end, you ' ll learn how to use your basic healing power effectively and immediately. Nothing is more important than personal health, for ultimately one ' s own health is the major determinant of the value of one ' s life.

Offers alternative treatments for common health problems, including stress, depression, headaches, allergies, the common cold, and high blood pressure.

The twentieth anniversary edition of a transformative blueprint for ancestral healing—featuring new material and gateways, from the renowned herbalist, natural health expert, and healer of women ' s bodies and souls " This book was one of the first that helped me start practices as a young woman that focused on my body and spirit as one. " —Jada Pinkett Smith Through extraordinary meditations, affirmations, holistic healing plant-based medicine, KMT temple teachings, and The Rites of Passage guidance, Queen Afua teaches us how to love and rejoice in our bodies by spiritualizing the words we speak, the foods we eat, the relationships we attract, the spaces we live and work in, and the transcendent woman spirit we manifest. With love, wisdom, and passion, Queen Afua guides us to accept our mission and our mantle as Sacred Women—to heal ourselves, the generations of women in our families, our communities, and our world.

It's time to empower, restore, strengthen, and heal all of you!

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